

THE UPTOWN UPDATE

Your direct link to the Uptown Faith Community Service Center

Volume 3 Issue 4

February 2015

DONATE TO UPTOWN WHEN YOU VISIT BOUDIN BAKERY FEBRUARY 16th

If you have dinner or an after work refreshment at Boudin Bakery in Fashion Valley Shopping Center, 20 percent of what you spend will be donated to the Center.

Download the flier at www.uptownfaith.org



On the home page,

- look for "Opportunities to Participate,"
- download the flier,
- print and
- take it with you.

Boudin Bakery and Cafe
Fashion Valley Shopping Center
7007 Friars Rd. San Diego, CA
Date: Monday February 16, 2015
From 3:00 p.m. - 8:00 p.m.

MEET BOARD MEMBER LINDA NEWTON

Linda learned about Uptown Center when she was a social worker at a homeless shelter of the Salvation Army. In that role, she referred clients to the Center for mail delivery, California ID cards, and transit passes. After she noticed the word "Faith" in the name, she was pleased find out the Center was a result of a collaborative effort of churches to help those in need.

Linda is a long-time member of United Church of Christ of La Mesa. In the church bulletin, she read that Carmen Samuels, a very active church member, was stepping down as a member of Uptown's Board of Directors and was recruiting new board members. As a result of that volunteer outreach by Carmen, Linda has served on the Board of Directors for two years.

Mrs. Newton is a professional social worker who is making plans to retire. She is looking forward to doing more volunteer work, traveling, and possibly providing knitting, crochet, and music lessons for the developmentally disabled.



Linda Newton and husband, Ray, at Oktoberfest in 2014

When asked how serving on the Board has changed her view of the Center, she said,

"I understand that the organization's future depends on our hard work and dedication. We continue to expand our services to meet the needs of our clientele. The numbers that we serve are growing and therefore we need to find more and more dollars and other types of support, including more volunteers."

UPTOWN

Faith Community Service Center

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www.uptownfaith.org

Uptown is a non-profit 501(c) (3) organization, dedicated to helping the homeless and those in need within the city of San Diego. If you would like to learn more about how you can help support uptown in its vital mission, please visit our website:

www.uptownfaith.org

This newsletter is edited by
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Please send suggestions for content
and comments to
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CLIENT COLUMN

A man came into the Center asking for his mail. He explained that he had been living in V.A. housing, but now in his last semester at San Diego State University, he had moved closer to the campus. He reminisced about how much Uptown and a special volunteer, Fiona Mitchell, had helped him when he first came to the Center three years ago. He slowly turned his life around and now, he is only 7 units from graduating from college. He kept thanking us for the help given him that supported his move through crisis to being successful in school and now being able to look forward to a bright future. He kept thanking us and shook my hand four times before he left. His gratitude prompted the man next to him to also start thanking us for all the help we were giving him.

Hearing "thanks" and tales of success remind us why we volunteer at Uptown.



Mac's Message

Operations Coordinator
J.D. MacDonald

We are into the new year and Uptown has been busy. I want to thank all of the churches and individuals who brought in much needed hygiene supplies and clothing. It is nice to tell the clients "yes" when we have what they need. Socks and underwear are always much appreciated. For the health and safety of our clients, we cannot give out any alcohol based products such as hand sanitizer and mouthwash.

With the Center getting busier, it means we are in need of more volunteers! If you have any spare time, come in and check out what we do. Your help will make a difference. Our volunteer shifts are only 3 hours long and we are open M-F from 9am-3pm. Volunteer shifts are from 9-12 or 12-3.

Thanks again for your support for those in need in our community.

SAVE THE DATE 5 K WALK FOR THE HOMELESS 8 a.m. March 21, 2015

Meet at University Christian Church
3900 Cleveland Ave. SD 92103

(The walk starting at **8 a.m.** is from UCC to Uptown Center and back to UCC for breakfast at **10 a.m.**)

- For donor sheets, contact the Uptown Board Member from your church or call 619.281.8411
- Walkers who raise \$150 will be given a walker tee-shirt, a medal, and breakfast. Those who raise at least \$25 get a free breakfast.
- Don't Wanna Walk? Donate \$25 to the walk and attend the breakfast served at 10 am at University Christian Church.
- Got questions about the walk?
Call Rick Koenig at [619-252-2294](tel:619-252-2294)

**LAST YEAR THE WALK RAISED \$7,500
FOR UPTOWN FAITH COMMUNITY
SERVICE CENTER!**